COVID-19 Guidelines

Guideline	Description
Client group	General public, including the vulnerable group.
Number of clients	NO Maximum number of treatments
treated per day	
Length of	NO Maximum length of treatments
Treatments	
Time Between	NO minimum time between treatments
Clients	
Cleaning/	Cleaning according to Standards of Practice and disinfecting of all high
Disinfecting	touch surfaces
Linens	• Cleaned and soiled linens kept in in sealed container
	All linens/flannels/top blanket changed after every client
PPE requirements	Masks for Therapist:
	• 3-ply to 2-ply medical masks (Not N-95)
	• May use one mask per day as long as not removed
	• Required to change if removed at all, if nose or mouth is exposed or
	if it becomes contaminated.
	Masks for Clients:
	Strongly recommended to wear minimum 2 layer, well fitted homemade
	mask, non-medical mask, or a mask provided by therapist.
	* Clients may need to adjust mask for comfort while in prone position
	Face Shield/Goggles:
	No longer required (at therapist discretion)
	Gowns/Clinic Coat/Coverings:
	No longer required (at therapist discretion)
	Gloves:
	No longer required (at therapist discretion)
Intra-oral treatment	• Full PPE (mask, gown, shield, gloves) is required, and must all be
	changed following treatment
	• Client mask is only removed during intra oral portion of treatment
	• Informed consent must include that there is an increased risk to
	client with intra oral treatments
	Therapists may refuse clients requests for intra oral treatments

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	COLLEGE OF MASSAGE THERAPISTS of Newfoundland & Labrador
Vaccines	 Clients may be asked if they are vaccinated for the sole purpose to update their personal health information, however, a client does not need to disclose this information Therapist does not need to disclose to clients if they are vaccinated or not Treatment cannot be denied or postponed based on vaccination status PPE requirements for clients (masks) and therapist remain the same regardless of vaccination status

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